

## KADERLIMITE FÜR DIE SAISON 2025/2026

- Die Limitezeiten müssen in der Saison 2024/2025 in der Periode 01.09.2024 – 03.08.2025 auf der langen Bahn (50m) erzielt werden und in den offiziellen Rankings von Swiss Aquatics Swimming erscheinen (<https://www.swiss-aquatics.ch/Leistungssport/Swimming/Swimrankings-Swimstats>).
- Die Limitezeit muss erreicht oder unterboten werden.
- Die angegebenen Jahrgänge gelten für die Kaderbildung der Saison 2024/2025.

| Nationalmannschaftslimite 2025/2026<br>(zu schwimmen in Saison 2024/2025) |            |          |          |          |          |          |          |         |         |
|---|------------|----------|----------|----------|----------|----------|----------|---------|---------|
| Disziplin   | Elitekader |          |          |          | Frauen   |          |          |         |         |
|   | 2004+älter | 2005     | 2006     | 2007     | 2008     | 2009     | 2010     | 2011    | 2012    |
| 50 FR   | 0:25,41    | 0:25,59  | 0:25,79  | 0:26,07  | 0:26,37  | 0:26,58  | 0:26,82  | 0:27,11 | 0:27,44 |
| 100 FR  | 0:55,22    | 0:55,64  | 0:56,10  | 0:56,74  | 0:57,42  | 0:57,88  | 0:58,40  | 0:59,05 | 0:59,75 |
| 200 FR  | 2:00,78    | 2:01,50  | 2:02,30  | 2:03,40  | 2:04,58  | 2:05,58  | 2:06,71  | 2:08,10 | 2:09,64 |
| 400 FR  | 4:17,53    | 4:18,50  | 4:19,57  | 4:21,05  | 4:22,64  | 4:24,74  | 4:27,12  | 4:30,06 | 4:33,30 |
| 800 FR  | 8:59,05    | 9:00,69  | 9:02,50  | 9:05,00  | 9:07,67  | 9:12,05  | 9:17,02  | 9:23,15 | 9:29,91 |
| 1500 FR   | 16:45,71   | 16:54,90 | 17:05,06 | 17:19,08 | 17:34,07 | 17:42,51 | 17:52,07 |         |         |
| 50 BA   | 0:28,36    | 0:28,62  | 0:28,90  | 0:29,30  | 0:29,72  | 0:29,95  | 0:30,22  |         |         |
| 100 BA  | 1:01,32    | 1:01,83  | 1:02,39  | 1:03,17  | 1:04,00  | 1:04,51  | 1:05,09  | 1:05,81 | 1:06,60 |
| 200 BA  | 2:15,30    | 2:16,04  | 2:16,85  | 2:17,97  | 2:19,16  | 2:20,28  | 2:21,54  | 2:23,10 | 2:24,81 |
| 50 BR   | 0:30,90    | 0:31,24  | 0:31,61  | 0:32,13  | 0:32,68  | 0:32,94  | 0:33,24  |         |         |
| 100 BR  | 1:08,33    | 1:09,02  | 1:09,77  | 1:10,82  | 1:11,94  | 1:12,52  | 1:13,17  | 1:13,97 | 1:14,86 |
| 200 BR  | 2:29,03    | 2:30,22  | 2:31,53  | 2:33,34  | 2:35,27  | 2:36,51  | 2:37,92  | 2:39,66 | 2:41,58 |
| 50 BU   | 0:26,36    | 0:26,62  | 0:26,90  | 0:27,29  | 0:27,71  | 0:27,93  | 0:28,19  |         |         |
| 100 BU  | 0:59,82    | 1:00,23  | 1:00,68  | 1:01,30  | 1:01,96  | 1:02,46  | 1:03,02  | 1:03,71 | 1:04,48 |
| 200 BU  | 2:14,17    | 2:14,80  | 2:15,50  | 2:16,46  | 2:17,49  | 2:18,59  | 2:19,84  | 2:21,38 | 2:23,07 |
| 200 IM  | 2:15,30    | 2:16,34  | 2:17,49  | 2:19,08  | 2:20,77  | 2:21,90  | 2:23,18  | 2:24,75 | 2:26,49 |
| 400 IM  | 4:51,28    | 4:53,14  | 4:55,19  | 4:58,03  | 5:01,06  | 5:03,47  | 5:06,20  | 5:09,57 | 5:13,28 |

| Nationalmannschaftslimite 2025/2026<br>(zu schwimmen in Saison 2024/2025) |            |          |          |          |          |          |          |          |          |
|---|------------|----------|----------|----------|----------|----------|----------|----------|----------|
| Disziplin   | Elitekader |          |          |          | Männer   |          |          |          |          |
|   | 2004+älter | 2005     | 2006     | 2007     | 2008     | 2009     | 2010     | 2011     | 2012     |
| 50 FR   | 0:22,47    | 0:22,63  | 0:22,83  | 0:23,09  | 0:23,43  | 0:23,78  | 0:24,19  | 0:24,67  | 0:25,24  |
| 100 FR  | 0:49,25    | 0:49,64  | 0:50,12  | 0:50,73  | 0:51,53  | 0:52,30  | 0:53,19  | 0:54,26  | 0:55,50  |
| 200 FR  | 1:49,21    | 1:49,90  | 1:50,76  | 1:51,87  | 1:53,30  | 1:55,00  | 1:56,96  | 1:59,30  | 2:02,04  |
| 400 FR  | 3:51,85    | 3:53,61  | 3:55,78  | 3:58,57  | 4:02,18  | 4:05,82  | 4:10,00  | 4:15,00  | 4:20,86  |
| 800 FR  | 8:00,14    | 8:04,57  | 8:10,05  | 8:17,08  | 8:26,21  | 8:33,80  | 8:42,54  |          |          |
| 1500 FR   | 15:34,17   | 15:41,57 | 15:50,70 | 16:02,44 | 16:17,66 | 16:32,33 | 16:49,20 | 17:09,38 | 17:33,06 |
| 50 BK   | 0:25,24    | 0:25,47  | 0:25,77  | 0:26,14  | 0:26,63  | 0:27,03  | 0:27,49  |          |          |
| 100 BK  | 0:54,88    | 0:55,35  | 0:55,92  | 0:56,66  | 0:57,62  | 0:58,48  | 0:59,48  | 1:00,67  | 1:02,06  |
| 200 BK  | 2:00,06    | 2:00,99  | 2:02,14  | 2:03,62  | 2:05,54  | 2:07,42  | 2:09,59  | 2:12,18  | 2:15,22  |
| 50 BR   | 0:27,47    | 0:27,72  | 0:28,04  | 0:28,45  | 0:28,98  | 0:29,41  | 0:29,91  |          |          |
| 100 BR  | 1:00,71    | 1:01,35  | 1:02,14  | 1:03,15  | 1:04,46  | 1:05,43  | 1:06,54  | 1:07,87  | 1:09,43  |
| 200 BR  | 2:12,96    | 2:14,28  | 2:15,92  | 2:18,03  | 2:20,76  | 2:22,87  | 2:25,30  | 2:28,20  | 2:31,61  |
| 50 BU   | 0:23,48    | 0:23,73  | 0:24,05  | 0:24,46  | 0:25,00  | 0:25,37  | 0:25,80  |          |          |
| 100 BU  | 0:52,78    | 0:53,23  | 0:53,78  | 0:54,49  | 0:55,41  | 0:56,24  | 0:57,19  | 0:58,34  | 0:59,68  |
| 200 BU  | 1:58,96    | 2:00,00  | 2:01,28  | 2:02,92  | 2:05,05  | 2:06,93  | 2:09,09  | 2:11,67  | 2:14,70  |
| 200 IM  | 2:01,44    | 2:02,46  | 2:03,71  | 2:05,32  | 2:07,41  | 2:09,32  | 2:11,52  | 2:14,15  | 2:17,24  |
| 400 IM  | 4:22,56    | 4:24,64  | 4:27,21  | 4:30,52  | 4:34,81  | 4:38,93  | 4:43,67  | 4:49,34  | 4:56,00  |